

<b>Pathway description</b>	<b>Public transport links</b>
Benderloch – Ben Lora.	Benderloch is served from Oban by an hourly frequency seven days a week. Service 918 between Oban and Fort William operates three times daily during the summer and twice during the Winter.
Benderloch – Port Selma – Tralee Bay loop	Benderloch is served from Oban by an hourly frequency seven days a week. Service 918 between Oban and Fort William operates three times daily during the summer and twice during the Winter.
Sutherlands Grove.	Barcaldine is served from Oban by an hourly frequency six days a week and three times on Sundays. Service 918 between Oban and Fort William operates three times daily during the summer and twice during the winter.
Glasdrum Wood, National Nature Reserve.	The nearest services are the bus stops on the north side of Creran Bridge. Service 918 between Oban and Fort William operates three times daily during the summer and twice during the winter. Other services are to and from Oban on schooldays at school times.
Pine Marten Trail, Elleric	This walk is further up Glen Creran and so less accessible by public transport than Glasdrum Wood. It is five miles from the nearest bus stop at the Creagan Bridge.
Port Appin Loop	This is in the main a cycle route. The nearest public transport to Port Appin is at Appin on the A828, 2.7 miles distant. Bus services are the same as those for Glasdrum Wood, above.
Jubilee Bridge Walk, Appin	The nearest public transport to the start of this walk is at Appin on the A828, 1.1 miles distant. Bus services are the same as those for Glasdrum Wood above as is the return from Portnacroish.
The new section of the National Cycle Network between Benderloch and the car park north of Portnacroish.	If this walk was undertaken from a start at Portnacroish using the services mentioned at Glasdrum Wood above then the return, presumed to Oban, from Benderloch on completion would be using the services described in Benderloch – Ben Lora above.
Taynuilt to Inverawe.	Public transport access is available by bus and train during the summer, and will be

	more so with the forthcoming enhanced train service to and from Oban which will start in May 2014. Inverawe would be bus and coach only whereas Taynuilt would also include the rail option.
Glen Nant National Nature Reserve	The reserve is situated three miles south of Taynuilt on the B845 which has a bus service between Oban, Taynuilt and Dalavich. Two buses a day each way with an additional journey on Thursdays. Access by public transport is therefore possible.
Path to Kilchurn Castle	This path is accessed off the A85 between Loch Awe and Dalmally. Public transport access is available by bus and train during the summer, and will be more so with the forthcoming enhanced train service to and from Oban which will start in May 2014. Bus and coaches on the A85 can set down and uplift at the start of the path but using the train would involve a walk of an additional 1.5 miles from Loch Awe station or 1.3 miles from Dalmally.
Waterfall Woods, Dalmally	This location is three miles east of Dalmally on the A85 and public transport access is similar to Kilchurn Castle above.
The section of the West Highland Way at Bridge of Orchy	Accessible by both coach and train if starting and returning to Bridge of Orchy.
Proposed pathway from Tyndrum to Oban	This route is well served by both bus and train during the summer and will be more so with the forthcoming enhanced train service to and from Oban which will start in May 2014.